



**FREEZE
AWAY FAT
TO HELP
SCULPT YOU™**

YOUR COOLSCULPTING®
QUESTIONS ANSWERED



About
CoolSculpting®

CoolSculpting®
& You

Treatment
Areas

Consultation
& Treatment

Getting
Started

Summary



COOLSCULPTING®: YOUR QUESTIONS ANSWERED

ABOUT COOLSCULPTING®

What is CoolSculpting® and how does it work?	3
What happens to fat cells after CoolSculpting®?	4
Why do people choose to do CoolSculpting®?	5

COOLSCULPTING® AND YOU

Is CoolSculpting® suitable for me?	6
Can I have CoolSculpting® after having a baby?	6

TREATMENT AREAS

What areas can be treated with CoolSculpting®?	7
------------------------------------------------	---

CONSULTATION & TREATMENT

What does CoolSculpting® feel like?	10
Who will do my CoolSculpting® procedure?	11
What happens during a CoolSculpting® consultation?	12
What can I expect on treatment day?	13
What can I expect after the CoolSculpting® treatment?	14
Does CoolSculpting® have side effects?	15

GETTING STARTED

How much does CoolSculpting® cost?	16
Where can I find a CoolSculpting® Clinic?	16

SUMMARY 17

WHAT IS COOLSCULPTING® AND HOW DOES IT WORK?

COOLSCULPTING® IS THE WORLD'S NUMBER 1, NON-INVASIVE FAT FREEZING TREATMENT.

WITH OVER 17 MILLION TREATMENTS[^] ADMINISTERED GLOBALLY AND AS THE MOST RESEARCHED NON-INVASIVE BODY CONTOURING TREATMENT⁺, PEOPLE AROUND THE WORLD ARE GETTING A DIFFERENT VIEW OF THEMSELVES.

CoolSculpting® is used to help reduce areas of stubborn superficial fat that can be difficult to shift, even with diet and exercise.

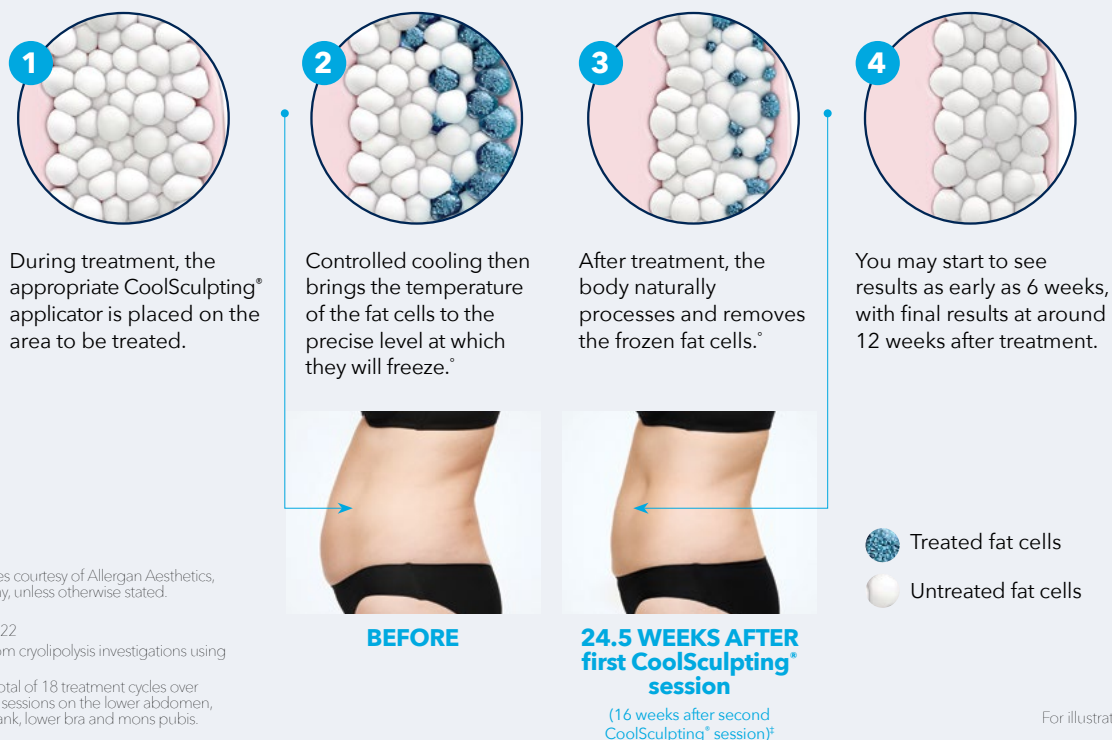
CoolSculpting® uses a process called cryolipolysis, developed with Harvard scientists. With no needles and no surgery involved, CoolSculpting® offers a non-invasive option for fat reduction. Selectively targeting the treatment area of concern, and destroying those fat cells underneath the skin - leaving the skin and surrounding tissue undamaged.[°]

The treated and frozen fat cells die and are naturally metabolised - permanently removed by the body's natural elimination process.[°]

As the cooling begins during the first few minutes you typically feel intense cold. This should soon subside as the treated area numbs. With some applicators, you'll feel some pulling as suction is applied.

After the treatment, you may feel some tingling. The area is then massaged for approximately 2 minutes to break up the crystallised fat cells. Patients are usually able to return to normal activities following their appointment.

Most patients may start to see results at 6 weeks with final results around 12 weeks following treatment. Your body will still continue to remove the destroyed fat cells for up to 3 months after treatment.



Unretouched images courtesy of Allergan Aesthetics, an AbbVie Company, unless otherwise stated.

[^] As of May 2023

⁺ As of February 2022

[°] Data obtained from cryolipolysis investigations using a porcine model

[‡] Patient received total of 18 treatment cycles over 3 CoolSculpting® sessions on the lower abdomen, mid abdomen, flank, lower bra and mons pubis.

For illustrative purposes only

WHAT HAPPENS TO FAT CELLS AFTER COOLSCULPTING®?

COOLSCULPTING® TREATED FAT CELLS ARE GONE FOR GOOD - FROZEN DURING THE COOLSCULPTING® PROCEDURE, THESE TREATED FAT CELLS DIE AND ARE GRADUALLY REMOVED FROM THE BODY THROUGH THE BODY'S NATURAL ELIMINATION PROCESS.° UNTREATED AREAS WILL HAVE NO CHANGE IN THE NUMBER OF THEIR FAT CELLS.

WHAT HAPPENS WHEN YOU LOSE WEIGHT?

Losing or gaining weight generally does not increase or decrease the number of fat cells. Instead, it changes the size of fat cells. When weight is gained, fat cells get bigger.

After dieting and weight loss, fat cells get smaller, but the number of fat cells stays the same. Losing weight does not make fat cells go away.

Weight Loss:

The same number of fat cells, however the **fat cells shrink in volume**

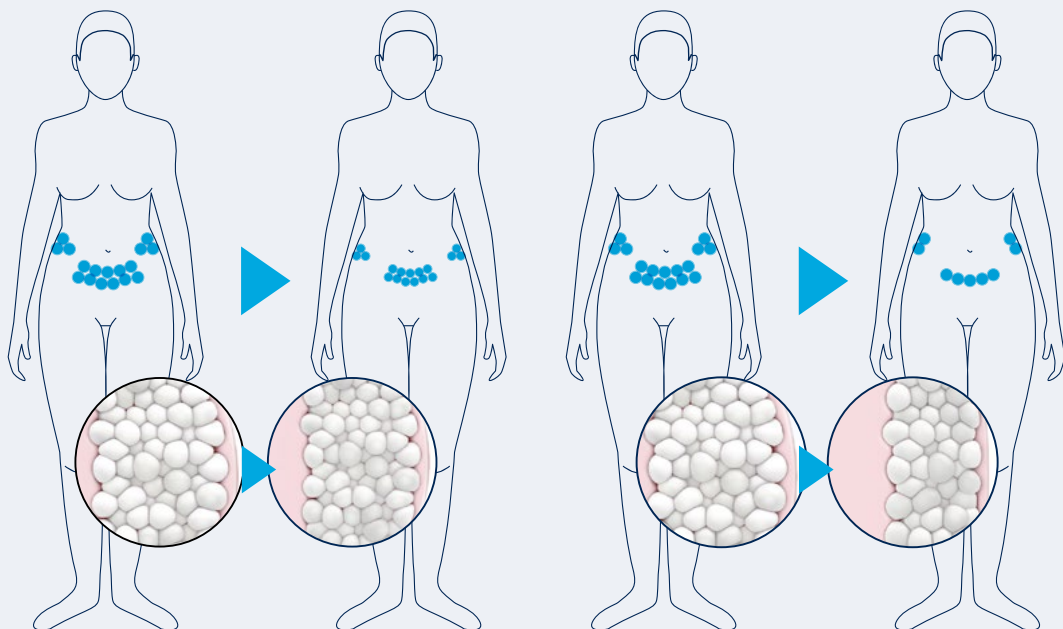
WHAT HAPPENS AFTER YOUR COOLSCULPTING® TREATMENT?

After a CoolSculpting® treatment, the treated fat cells are destroyed so you will have fewer fat cells in those treated areas and untreated areas will not see any change.°

If you gain weight after your CoolSculpting® procedure, there will be fewer fat cells to hold excess fat but the untreated remaining fat cells can still enlarge as they absorb excess fat.

CoolSculpting® (Cryolipolysis):

Reduction in the number of fat cells, as the **treated fat cells are damaged and die**°



For illustrative purposes only

CoolSculpting® has demonstrated fat layer reductions of up to 27% across multiple treatment areas. You may start to see results as early as 6 weeks, with final results around 12 weeks after treatment.

Results and patient experience may vary.
Diagrams reflect approximate treatment locations.

° Data obtained from cryolipolysis investigations using a porcine model

WHY DO PEOPLE CHOOSE TO DO COOLSCULPTING®?

MANY PEOPLE ARE GENETICALLY PREDISPOSED TO STORING FAT IN PARTICULAR AREAS, EVEN IF THEY HAVE A HEALTHY DIET AND REGULARLY EXERCISE.

CoolSculpting® provides a non-invasive option to remove stubborn superficial fat from these problem areas. Non-invasive means there are no needles, no surgery, no anaesthetic and no hospital stays.

CoolSculpting® treatment generally takes between 35-75 minutes, depending on the area of the body being treated. With minimal expected downtime, most people return to daily activities immediately after treatment.

COOLSCULPTING® CAN BE USED TO TREAT A RANGE OF AREAS INCLUDING BUT NOT LIMITED TO:

- Abdomen (tummy)
- Flanks (love handles)
- Submental (double chin)
- Upper arms (bingo wings)
- Brassiere roll (bra puff)
- Back (bra fat/bra area)
- Pseudogynaecomastia (male chest/man boobs)
- Inner thighs
- Outer/lateral thighs (saddle bags)
- Distal thighs (around the knees)
- Under the buttocks (banana rolls)



IS COOLSCULPTING® SUITABLE FOR ME?

COOLSCULPTING® IS DESIGNED FOR THOSE WHO HAVE UNWANTED SUPERFICIAL FAT IN TARGETED AREAS, DESPITE A HEALTHY DIET AND REGULAR EXERCISE.

Your first step should be to contact a CoolSculpting® clinic and discuss further with a trained technician or registered medical practitioner to see if it is a suitable procedure for you.

The CoolSculpting® procedure is not for everyone and you should not have the CoolSculpting® procedure if you suffer certain conditions including, but not limited to, cryoglobulinaemia (a blood protein disease), cold agglutinin disease (a rare anaemic autoimmune disease) or paroxysmal cold haemoglobinuria (a rare autoimmune disease).

It is important to note that CoolSculpting® is not a treatment for obesity or weight-loss. CoolSculpting® is a body contouring procedure. People who are classified as obese can undertake weight loss efforts and then book a CoolSculpting® consultation after they have lost an appropriate amount of weight.

As with any medical procedure, ask your health care practitioner if the CoolSculpting® procedure is right for you.

CAN I HAVE COOLSCULPTING® AFTER HAVING A BABY?

Every woman is different and recovery times after pregnancy vary, so we recommend that you speak to a healthcare professional at a CoolSculpting® consultation prior to undertaking a CoolSculpting® treatment, as they will be able to advise you on whether CoolSculpting® is appropriate for you at this time. CoolSculpting® has not been studied in women who are lactating.



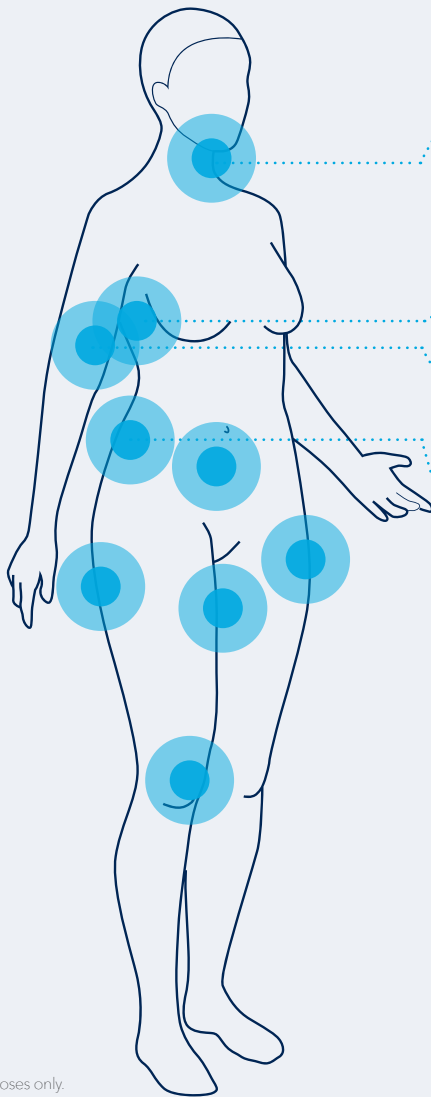
WHAT AREAS CAN BE TREATED WITH COOLSCULPTING®?

FROM YOUR DOUBLE CHIN TO AROUND YOUR KNEES, COOLSCULPTING® PROCEDURE CAN TREAT VISIBLE FAT BULGES IN MULTIPLE TREATMENT AREAS IN BOTH MEN AND WOMEN.

Whilst men tend to commonly treat the lower abdomen and flanks, women tend to receive treatment in a wider range of areas including lower and upper abdomen, flanks, inner and outer thighs, arms and back.

During your personalised consultation, the CoolSculpting® technician will evaluate the areas of stubborn fat that bother you and provide you a customised treatment plan, tailored to your body and your individual goals.

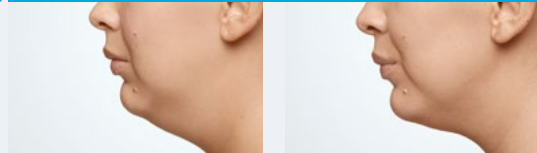
COMMONLY TREATED AREAS IN WOMEN



For illustrative purposes only.

Results and patient experience may vary.
Unretouched images courtesy of Allergan Aesthetics, an AbbVie Company, unless otherwise stated.

SUBMENTAL AREA (DOUBLE CHIN)



BEFORE

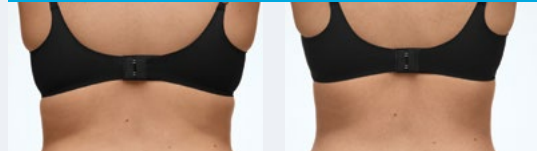
AFTER

27.5 weeks after first CoolSculpting® session

(18.5 weeks after second CoolSculpting® session)

Patient received a total of 4 treatment cycles over 2 CoolSculpting® sessions on the submental area.

BRA FAT



BEFORE

AFTER

27.5 weeks after first CoolSculpting® session

(18.5 weeks after second CoolSculpting® session)

Patient received a total of 7 treatment cycles over 2 CoolSculpting® sessions on the upper flank and lower bra.

UPPER ARMS



BEFORE

AFTER

27.5 weeks after first CoolSculpting® session

(14 weeks after second CoolSculpting® session)

Patient received a total of 4 treatment cycles over 2 CoolSculpting® sessions on the upper arms.

SIDES (FLANKS)



BEFORE

AFTER

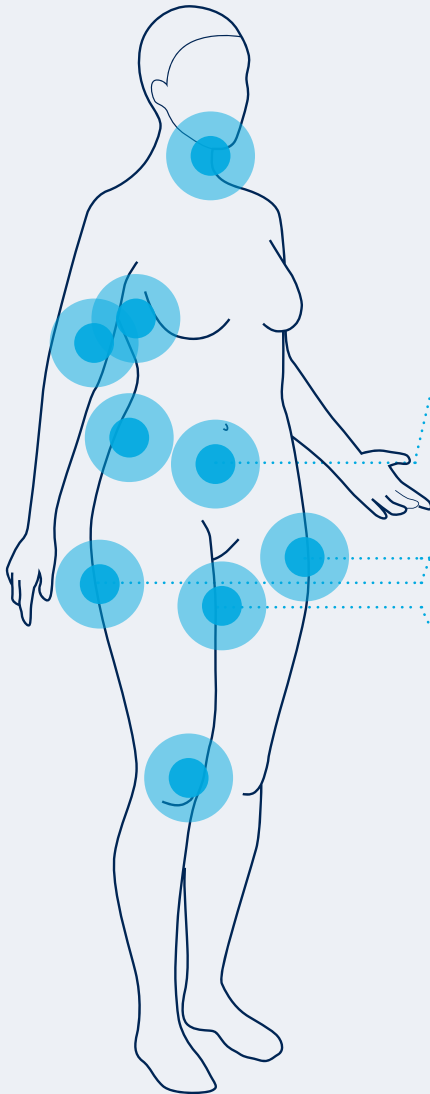
27.5 weeks after first CoolSculpting® session

(18.5 weeks after second CoolSculpting® session)

Patient received a total of 7 treatment cycles over 2 CoolSculpting® sessions on the upper flank and lower bra.

WHAT AREAS CAN BE TREATED WITH COOLSCULPTING®?

COMMONLY TREATED AREAS IN WOMEN



ABDOMEN



BEFORE **AFTER**
 24.5 weeks after first CoolSculpting® session
 (16 weeks after second CoolSculpting® session)

Patient received total of 18 treatment cycles over 3 CoolSculpting® sessions on the lower abdomen, mid abdomen, flank, lower bra and mons pubis.

BANANA ROLL (UNDER THE BUTTOCK)



BEFORE **AFTER**
 27 weeks after first CoolSculpting® session
 (18.5 weeks after second CoolSculpting® session)

Patient received 4 treatment cycles over 2 CoolSculpting® sessions on the inner thighs and banana rolls. Photo courtesy of Dr Joseph Jensen

THIGHS (OUTER)



BEFORE **AFTER**
 25 weeks after first CoolSculpting® session
 (12 weeks after second CoolSculpting® session)

Patient received a total of 6 treatment cycles over 2 CoolSculpting® sessions on the inner and outer thighs.

THIGHS (INNER)



BEFORE **AFTER**
 26.5 weeks after first CoolSculpting® session
 (10 weeks after second CoolSculpting® session)

Patient received a total of 4 treatment cycles over 2 CoolSculpting® sessions using CoolAdvantage™ Petite on the inner thighs.

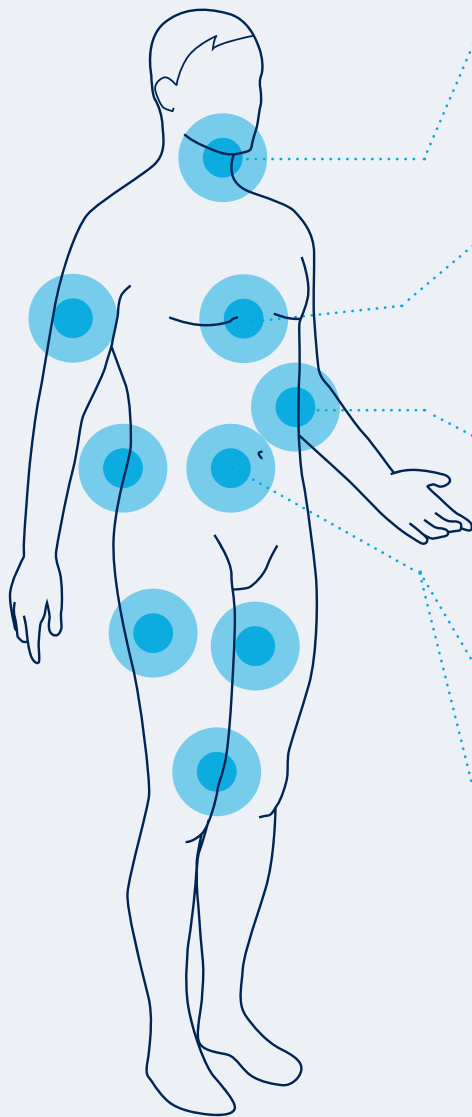
For illustrative purposes only.

Results and patient experience may vary.
 Unretouched images courtesy of Allergan Aesthetics, an AbbVie Company, unless otherwise stated.

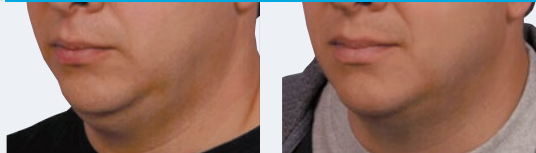
WHAT AREAS CAN BE TREATED WITH COOLSCULPTING®?

MEN ALSO CAN HAVE A RANGE OF OTHER AREAS TREATED WITH COOLSCULPTING® INCLUDING THE INNER AND OUTER THIGHS, ARMS AND BACK.

COMMONLY TREATED AREAS IN MEN



SUBMENTAL AREA (DOUBLE CHIN)



BEFORE **AFTER**
19 weeks after first CoolSculpting® session
(12 weeks after second CoolSculpting® session)

Patient received a total of 4 treatment cycles over 2 CoolSculpting® sessions on the submental area. Photo courtesy of Dr Grant Stevens.

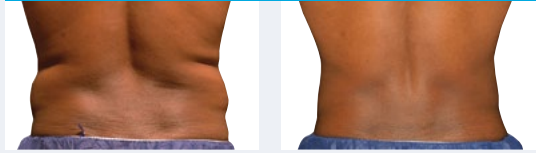
CHEST



BEFORE **AFTER**
8.5 weeks after CoolSculpting® session

Patient received a total of 2 treatment cycles over 1 CoolSculpting® session on the chest. Photo courtesy of Dr Grant Stevens.

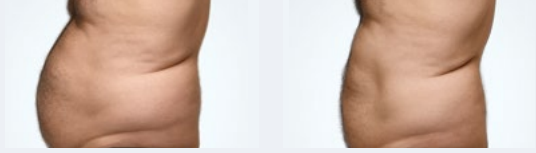
SIDES (FLANKS)



BEFORE **AFTER**
21 weeks after first CoolSculpting® session
(16 weeks after second CoolSculpting® session)

Patient received a total of 8 cycles over 2 CoolSculpting® sessions on the lower abdomen and flanks. Photo courtesy of Bodify & Steven Sorr, NMD

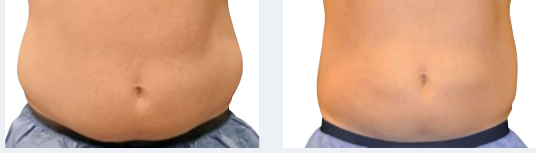
ABDOMEN



BEFORE **AFTER**
27.5 weeks after first CoolSculpting® session
(135 weeks after second CoolSculpting® session)

Patient received a total of 22 treatment cycles over 2 CoolSculpting® sessions on the upper, lower and mid abdomen, chest, and lower and upper flank.

ABDOMEN



BEFORE **AFTER**
14 weeks after CoolSculpting® session

Patient received a total of 6 treatment cycles over 1 CoolSculpting® session on the lower abdomen and flanks. Photo courtesy Amy Brenner, MD

For illustrative purposes only.

Results and patient experience may vary. Unretouched images courtesy of Allergan Aesthetics, an AbbVie Company, unless otherwise stated.

WHAT DOES COOLSCULPTING® FEEL LIKE?

AS THE NAME SUGGESTS, THE COOLSCULPTING® PROCEDURE CAN BE A LITTLE CHILLY. CONTROLLED COOLING IS DELIVERED VIA AN APPLICATOR, TO FREEZE THE TARGETED SUPERFICIAL FAT (FAT FOUND UNDERNEATH THE SKIN).

Most CoolSculpting® applicators use a vacuum to draw the fatty tissue into the applicator cup. During this initial part of the procedure, you may feel some pulling, tugging and or mild pinching/stinging.

Once the cooling part of the procedure starts you may feel an intense cold sensation, then some tugging, pulling or a stinging sensation, which usually subsides once the area becomes numb.

When the CoolSculpting® applicators are removed, the area is then massaged for approximately 2 minutes to break up the crystallised fat cells. The sensation felt during this part of the process is different for each person; some are not bothered by the sensation, others say it can be slightly uncomfortable for the short period of the massage.



WHO WILL DO MY COOLSCULPTING® PROCEDURE?

TREATMENT TAILORED TO YOU.

It starts with a consultation. To understand your body goals and what you want to achieve, you and your qualified CoolSculpting® technician will discuss your goals, expectations, and the specific areas you want to target, to build a personalised treatment plan specific to you.

To ensure you are a suitable candidate for the treatment a trained medical practitioner should also be involved in your initial assessment. They will review your medical history and conduct a body assessment of the areas you're interested in treating, to see if you are suitable for the CoolSculpting® treatment.






After your assessment and if CoolSculpting® is right for you, your trained medical practitioner and technician will discuss your personalised treatment plan. It may take as little as one clinic visit to achieve your goals. However, optimum results are achieved with two treatments in the same area.

CoolSculpting® technicians complete training and clinics are provided with ongoing support to help ensure high standards of care.

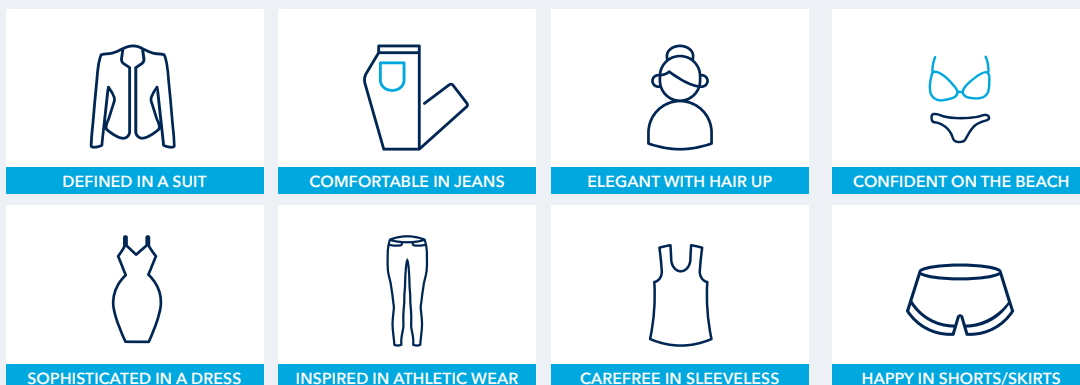


WHAT HAPPENS DURING A COOLSCULPTING® CONSULTATION?

DURING THIS CONSULTATION APPOINTMENT THE COOLSCULPTING® TECHNICIAN WILL:

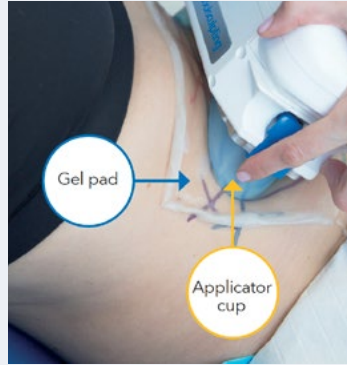
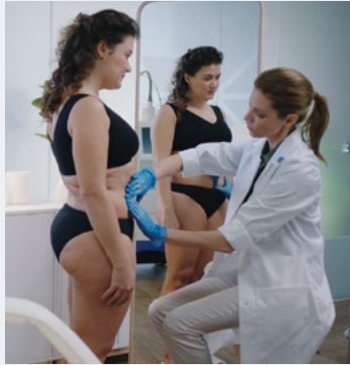
-  1
 - Discuss your **treatment goals**
 - Review your medical history to make sure CoolSculpting® is **appropriate for you**
-  2
 - Ask you to stand so that fat is subject to gravity, adjust your clothing to not obscure the assessment area
 - Ask you to **identify the specific areas of the body** you would like to sculpt, while you are facing a mirror
-  3
 - Undertake a full 360° body assessment using applicator planning templates to determine if you are a good candidate for CoolSculpting®
 - Design a customised treatment plan specifically for you including the number of treatments required per body area to help achieve your desired results
-  4
 - **Discuss the costs** and treatment packages that can be created for you
-  5
 - Advise you on what **you can expect during treatment** and how long before you **will see results**
 - **Schedule** your CoolSculpting® treatment

TREATMENT GOALS: HOW DO I WANT TO FEEL?



WHAT CAN I EXPECT ON TREATMENT DAY?

COOLSCULPTING® TECHNICIANS DESIGN A TREATMENT PLAN SPECIFICALLY FOR YOU TO MEET YOUR TREATMENT GOALS.



You'll be given disposable shorts, bra and/or underwear for photos and treatment.

'Before treatment' photos will be taken.

The technician will spend time to precisely mark up the treatment areas. This will determine exactly where the CoolSculpting® applicators are placed for optimum results.

During your treatment, a thermal gelpad or gel and applicator are applied to the targeted area.

The length of your CoolSculpting® treatment will vary depending on the number of areas being treated during one visit. The latest technology of CoolSculpting® can treat a patient within 35-75 minutes depending on the applicators used. If you have limited time but have several areas of unwanted superficial fat, some clinics may even have multiple CoolSculpting® systems.

Once the cooling treatment has finished and the applicators are removed, it is important to have the treated area massaged for 2 minutes. This helps breakdown the frozen fat cells assisting the body's natural elimination process over the next ~12 weeks.°

° Data obtained from cryolipolysis investigations using a porcine model

WHAT CAN I EXPECT AFTER THE COOLSCULPTING® TREATMENT?

EVERYONE'S EXPERIENCE IS DIFFERENT AND DEPENDS ON THE AREA/S TREATED AND THE NUMBER OF TREATMENT CYCLES PERFORMED ON THE DAY.

For some people, the area treated can feel a little swollen or numb. For others it might be red or bruised and may feel tender to touch. All of these effects are temporary and generally resolve within days or weeks.



MINIMAL EXPECTED DOWNTIME

The CoolSculpting® procedure is completely non-invasive, so patients can typically return to normal activities almost immediately. Often, patients return to work and their daily activities immediately after their CoolSculpting® treatment.



6 WEEKS POST TREATMENT

At your 6 week follow-up appointment, mid-treatment photos will be taken and compared side-by-side to your before-treatment photos to see your transformation unfold.

6 weeks after your mid-treatment photos, after-treatment photos are taken. This allows you and your CoolSculpting® technician to compare the photos at each stage and see the results that have been achieved.



WHAT RESULTS CAN I EXPECT FROM COOLSCULPTING®?

Everybody is different and treatment plans and results will vary for each individual.

Most patients may start to see results at 6 weeks with final results around 12 weeks following treatment. Your body will still continue to remove the destroyed fat cells for up to 3 months after treatment.

CoolSculpting® has demonstrated fat layer reductions of up to 27% across multiple treatment areas.

Some treatment plans will require multiple sessions to help achieve the desired results. Often, optimum results are achieved with two treatments in the same area.

Your clinic will schedule a follow-up appointment to evaluate your results, take photos to compare against the 'before treatment' photos and to discuss additional sessions if required.

Follow-up appointments generally take place 6 weeks after the initial treatment.

DOES COOLSCULPTING® HAVE SIDE EFFECTS?

THE FOLLOWING SIDE EFFECTS MAY OCCUR IN THE TREATMENT AREA DURING AND AFTER A TREATMENT.

These are temporary and generally resolve within days or weeks.

DURING A TREATMENT:

- You may experience sensations of pulling, tugging, mild pinching, intense cold, tingling, stinging, aching and cramping at the treatment site. These sensations may subside as the area becomes numb.

IMMEDIATELY AFTER TREATMENT:

- Redness and firmness.
- Transient blanching and/or mild bruising around the edges of the treatment area.
- Tingling and stinging.

ONE TO TWO WEEKS AFTER A TREATMENT:

- Redness, bruising and swelling.
- Tenderness, cramping and aching.
- Itching, skin sensitivity, tingling and numbness. Numbness can persist up to several weeks after a treatment.
- Sensation of fullness in the back of the throat after submental area treatment

CONTRAINDICATIONS AND RARE SIDE EFFECTS

As with any medical procedure, there are some rare side effects that may occur, such as, paradoxical hyperplasia, late-onset pain, severe pain, freeze burn, vasovagal symptoms, subcutaneous induration, hyperpigmentation and hernia may also occur.

YOU CAN FEEL CONFIDENT WITH COOLSCULPTING® TECHNOLOGY.



TRAINED TECHNICIANS

CoolSculpting® technicians are provided with the opportunity for ongoing training to ensure there is a high standard of knowledge about the consultation process, the CoolSculpting® procedure and aftercare support. They will consult with you to understand your needs and medical history to determine if CoolSculpting® is right for you.



PROCEDURE PRECISION

CoolSculpting® technology delivers precisely the right level of controlled cooling to target the fat cells underneath the skin, whilst leaving the skin and other cells undamaged.* This procedure does not use needles or surgery.



DEVICE SAFETY

CoolSculpting® has a well-established safety and efficacy profile. The CoolSculpting® systems are equipped with advanced cooling technology and built-in safety measures. These systems are designed to automatically stop treatment if it detects that the treated area is reaching excessively cold temperatures.

* Data obtained from cryolipolysis investigations using a porcine model

HOW CAN I GET STARTED WITH COOLSCULPTING®?

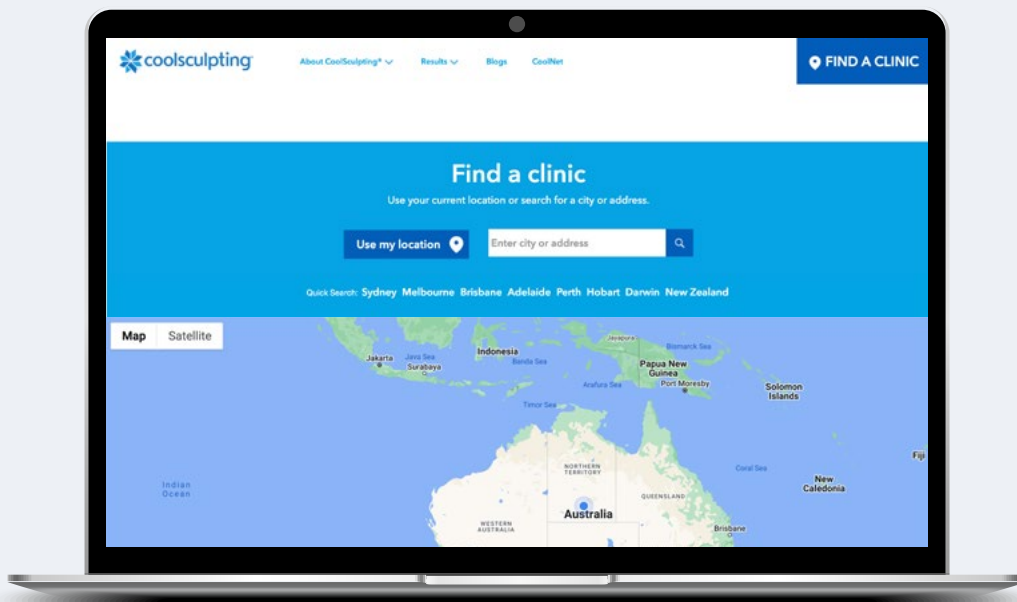
HOW MUCH DOES COOLSCULPTING® COST?

The price for CoolSculpting® varies depending on your areas of concern, the number of treatments needed, and your ultimate goals.

Create a customised treatment plan, in person, with your CoolSculpting® medical practitioner that's tailored to your body, your goals, and your budget.

WHERE CAN I FIND A COOLSCULPTING® CLINIC?

The website www.coolsculpting.com.au has a **"find a clinic"** search menu bar in the top right hand corner of the website. It helps you find a CoolSculpting® clinic in Australia or New Zealand that is near you. Book an appointment with the clinic of your choice and ask them for an obligation free personalised consultation to discuss how CoolSculpting® may benefit you.



COOLSCULPTING® IS THE WORLD'S #1 FAT REDUCTION TECHNOLOGY* FOR GOOD REASONS

 <p>CoolSculpting® has demonstrated fat layer reductions of up to 27% across multiple treatment areas</p>	 <p>Developed with Harvard scientists</p>
 <p>Over 17 million CoolSculpting® treatments performed[^]</p>	 <p>Based on proven cryolipolysis science</p>
 <p>Available in clinics across 74 countries[~]</p>	 <p>Over 20 years of research and development</p>
 <p>Minimal expected downtime, most people return to their daily activities immediately after treatment</p>	 <p>159 global patents</p>
 <p>No surgery, no needles</p>	 <p>The most researched non-surgical body contouring treatment⁺</p>

* As of November 2022

[^] As of May 2023

[~] As of December 2016

⁺ As of February 2022

THIS PRODUCT IS NOT AVAILABLE FOR PURCHASE BY THE GENERAL PUBLIC.

A HEALTHY DIET AND EXERCISE ARE IMPORTANT. COOLSCULPTING® IS NOT A WEIGHT LOSS PROCEDURE AND SHOULD NOT REPLACE A HEALTHY DIET AND ACTIVE LIFESTYLE.

This Medical Device must be applied by a healthcare professional. Always read and follow the instructions. Patients should not have the CoolSculpting® procedure if they suffer from cryoglobulinaemia, cold agglutinin disease or paroxysmal cold haemoglobinuria. Be careful using CoolSculpting® in pregnant or breastfeeding women, in patients who are sensitive to cold or to fructose, glycerin, isopropyl alcohol or propylene glycol; in patients with poor circulation, recent surgery, scar tissue, skin conditions such as eczema, dermatitis, or rashes in the area to be treated, nerve pain following shingles, nerve damage due to diabetes, poor skin sensation, open or infected wounds, bleeding disorders or use of blood thinners, hernia in or near the area to be treated; and in patients with implanted pacemakers and defibrillators.

COOLSCULPTING and the Snowflake Design are trademarks of Zeltiq Aesthetics, Inc., an AbbVie Company. ©2023 AbbVie. All rights reserved. AbbVie Pty Ltd, ABN 48 156 384 262, having its registered head office at Level 7, 241 O'Riordan Street, Mascot, NSW 2020 and trading as Allergan Aesthetics, an AbbVie Company at Level 20, 177 Pacific Hwy, North Sydney, NSW 2060. AbbVie Limited, NZBN 9429030775923, having its registered head office at Level 6, 156-158 Victoria Street, Wellington, 6011 New Zealand and trading as Allergan Aesthetics, an AbbVie Company. AU-CSC-230045 V1 | DoP: November 2023.



**FREEZE AWAY FAT TO
HELP SCULPT YOU™**

Allergan
Aesthetics
an AbbVie company